CED 680, MC Practicum Seminar
Arizona State University
Spring 2015
Class # 15671

Class meets **Wednesdays**  
1:30 p.m. to 4:15 p.m.  
Counselor Training Center (CTC)  
Room 430 Payne Hall

Cindi Glidden-Tracey, Ph.D.  
Office: 418 Payne Hall  
Phone: 480-965-2420  
(preferred) Email: cg@asu.edu  
Office hours Mondays 2:30-4

**Course Objectives:**

1. Learn to establish strong working relationships with clients and to expand their quality and range of counseling skills.
2. Know principles, models and documentation formats of biopsychosocial case conceptualization and treatment planning.
3. Understand professional issues relevant to the practice of clinical mental health counseling.
4. Understand a variety of models and theories related to clinical supervision.
5. Understand appropriate counseling strategies when working with clients with an addiction and co-occurring disorders.
6. Demonstrate the ability to modify counseling systems, theories, techniques and interventions to make them culturally appropriate for diverse populations.
7. Apply relevant research findings to inform the practice of clinical mental health counseling.
8. Demonstrate the ability to analyze and use data to increase the effectiveness of clinical mental health counseling interventions and programs.
9. Demonstrates appropriate use of diagnostic tools, including the current edition of the Diagnostic and Statistical Manual, to describe the symptoms and clinical presentation of clients with mental and/or emotional impairments.
10. Demonstrate ability to conceptualize accurate multi-axial diagnoses of disorders presented by clients.
11. Learn to conceptualize their clients from a theoretical basis.
12. Begin developing skills in assessment and diagnosis.
13. Students will learn to integrate treatment planning throughout the course of a counseling relationship and to document their treatment plan.
14. Students will develop and implement interventions based on their conceptualizations of their clients and of the therapeutic process.
15. Students will work on establishing a professional identity that incorporates ethical conduct, knowledge of counseling theory/research/practice, and increase awareness of personal strengths and limitations as a counselor.

**Required Text and Manual:**

CTC Practicum Training Manual, Fall 2014 to Spring 2015 edition. Compiled and distributed by the ASU Counselor Training Center. (posted on Blackboard)

Student Responsibilities:
Attendance and participation in group seminar and assigned clinic. (If you are late and/or absent more than twice, you must provide a documented excuse.)
Read assigned CTC manual and chapters in the text, and be prepared to discuss and apply the material, particularly with respect to current clients.
1-3 hours per week of seminar related activities (completing agency paperwork and practicum assignments).
Active, appropriate participation in dyadic role-play and triadic video review activities throughout the semester.
Two papers, one at the beginning of the semester and one at the end, containing your assessment of your professional strengths, limitations, and goals.
No more than four double spaced pages per paper.

Grading: Course performance will be graded on a Pass/Fail basis. A passing grade will require active and professional participation in class discussion and activities, timely completion of required paperwork and course assignments, plus demonstration of comprehension and competent application of concepts and methods covered in course content.

Disability Accommodations for Students
Students who feel they may need a disability accommodation(s) in class must provide documentation from the Disability Resource Center to the class instructor verifying the need for an accommodation and the type of accommodation that is appropriate. Students who desire accommodations for a disability should contact DRC as early as possible (i.e., before the beginning of the semester) to assure appropriate accommodations can be provided. It is the student’s responsibility to make the first contact with the DRC.

Wednesdays Schedule (assignments in boldface type)
January 14
Orientation to CTC seminar; review of seminar syllabus and counselor evaluation criteria; Training regarding CTC policies and procedures with CTC Co-ordinator Rebecca Reining. Discussion of intake assessment

Read CTC Manual

January 21
Further training on intake assessment.
Training to use the Learning Space recording system with CTC Co-ordinator Rebecca Reining.
Problem solving strategies for developing goals and objectives.
Dyadic role play of intake interview components

Papers due. (share them also with your clinic supervisor.)
Schedule, continued (assignments in boldface type)

January 28
Treatment planning linked to assessment and client conceptualization.
Dyadic role play of treatment planning discussion.

Training for OQ-45 interpretation and CTC database participation.
Discussion of CTC database including ways to incorporate available data into supervision and counseling.

February 4
Discuss Teyber, Chapters 1 & 2 on Establishing Collaborative Relationships
Treatment planning and implementation for specific clinical concerns.
Discussion of common clinical concerns: Anxiety disorders

February 11
Treatment planning and implementation for specific clinical concerns
Focusing on: Mood disorders

February 18
Discuss Teyber, Chapter 3: Dealing with resistance
Continuing discussion of common clinical concerns:
Substance use disorders and concerns

February 25
Discuss Teyber, Chapter 4: Providing an internal focus for change
Plus continuing discussion of common clinical concerns:
Relationship and interpersonal problems.

March 4
Discuss Teyber, Chapter 5: Responding to conflicted emotions
Plus continuing discussion of common clinical concerns: career problems

March 11
NO CLASS—SPRING BREAK

March 18
Discuss Teyber, Chapter 6: Client dynamics conceptualized from developmental histories

Outline of Triadic video review process and assignment to triads

March 25
Discuss Teyber, Chapter 7: Inflexible interpersonal styles

Triadic video review
Schedule, continued (assignments in boldface type)

April 1
Discuss Teyber, Chapter 8: Dealing with current client conflicts

Triadic video review

April 8
Discuss Teyber, Chapter 9: Using the therapeutic relationship to help resolve client conflicts

Triadic video review

April 15
Critical incidents in Multicultural Counseling
“Working through,” termination, and closing file

April 22
Discuss Teyber, Chapter 10
Planning ahead for termination by identifying stages of the therapy relationship

April 29
LAST DAY OF CLASS—Summary of course themes, plus
Evaluating treatment effectiveness and professional development

May 6 during FINAL EXAM WEEK
Final Papers Due. Hard copy due in Dr. Glidden-Tracey’s faculty Mailbox in the Payne 446A, NOT in the CTC file room, by 5pm.

Some material such as videos about counseling issues or techniques may be added to the topics scheduled above except on role play or video review days. Additional reading materials will periodically also be posted on Blackboard.

This course is offered by the College of Letters and Sciences. For more information about the college, visit our website: https://cls.asu.edu/. If you have questions or concerns, please send your inquiry to cls@asu.edu.

Looking forward to a great semester! CGT