

## **Master of Counseling Online Program: Video Submission Guidelines (Spring 2025 Application Cycle)**

Thank you for your application to our Master of Counseling (MC) online program. As part of the review process, a video submission is required, in addition to the application materials in order to be considered for our MC programs. We would like to invite you to record and upload a video submission, responding to the four questions listed below.

**Video Submission Deadline: September 15, 2025, by 5:00pm MST**

### **The guidelines on the video submissions are as follows:**

- 1. Please note that submission deadlines are based on Mountain Standard Time (MST).** Your video must be no longer than 10 minutes. Please note that material recorded beyond the 10-minute mark will not be reviewed. Failure to adhere to instructions may result in your file being removed from review. Inappropriate content will not be reviewed. **File uploads should be titled: FirstnameLastname (e.g., SparkySundevil)**
- 2.** Applicants may only submit one (1) video for their application. If the incorrect video was attached to the application, applicants can resubmit another video using the same link, and add the word “UPDATED” after their name (e.g., SparkySundevilUPDATED).
- 3.** Videos that do not abide by the standard and character of Arizona State University and the College of Integrated Sciences and Arts (CISA) will not be reviewed. The MC Program wants applicants to use professional and appropriate language and attire when creating and submitting video submissions.
- 4.** All submitted videos should be well-lit and easy to hear. Please avoid filming in areas that are too dark or create a substantial amount of background noise. The video submissions should be a **continuous recording** responding to the four questions without making any edits to the recording (e.g., no cutting segments). Please test out technology prior to submitting the video. We recommend submitting the video early to avoid late submission due to technology issues. (For substantial technology issues that you are unable to resolve, please email [ccp@asu.edu](mailto:ccp@asu.edu)). All video submissions should be uploaded using the link provided: <https://www.dropbox.com/request/XwWH7tjT7T7EMY4CObRC>  
**All videos should be in the form of .mov or .mp4.**
- 5.** While we would like you to adhere to the questions in your responses, the video submission should be able to show the MC program who you are as a potential applicant and why you should be chosen for acceptance into the program.

### **Video Submission Questions:**

Please respond to the following questions. **Please state your name (required), pronouns (optional) at the beginning of your video. Please then restate each question prior to your response.**

1. Why are you interested in our Master of Counseling program at ASU and what makes you a good fit with the program?
2. What considerations would you have when working with clients who are from a different cultural background than you?
3. Please talk about an experience that has helped to prepare you to work with individuals from diverse backgrounds.

4. Briefly describe a time when you received challenging feedback and how you responded.