Counseling and Counseling Psychology Research Labs and Projects

Couples Coping with Stress Lab
Faculty Mentor: Ashley K. Randall, PhD
Associate Professor
Email: Ashley.K.Randall@asu.edu | https://ashleykrandall.wixsite.com/asucouplescoping

Description: The Couples Coping with Stress Lab uses multi-method approaches (e.g., self-report, daily diary, momentary measures of emotional experience and behavioral observations) and advanced statistical analyses suitable for longitudinal dyadic data analysis to examine how couples (different- and same-gender) regulate stress in the context of their relationship.

Student Participants: Doctoral, masters, and undergraduate students. The Couples Coping with Stress lab also routinely works with international students.

Products: Please visit Dr. Randall’s lab website for more information.

Accepting PhD Students for 2023? Pending

Dillon Lab
Faculty Mentor: Frank Dillon, PhD
Professor
Email: Frank.Dillon@asu.edu

Description: The Dillon Lab members primarily study cultural and social determinants of health including psychological distress, substance use disorders, and HIV risk behaviors. A major aim of our work is to promote multicultural competent counseling interventions and education.

Student Participants: Doctoral, masters, and undergraduate students.

Products:

determinant of access to medical care among recently immigrated Latina young adults. Poster presented at the Society of Behavioral Medicine conference, Baltimore, MD.


Accepting PhD Students for 2023? Yes

**Empowerment Lab**
Faculty Mentor: Em Matsuno, PhD
Assistant Professor
Email: Em.Matsuno@asu.edu | https://empowermentlab.wordpress.com

**Description:** The Empowerment Lab aims to uplift, center, and empower Two-spirit, trans, and nonbinary (2STNB) people as scholars, researchers, practitioners, activists, and healers within the field of psychology. In our research, we aim to center our voices by including 2STNB members in our research team and collaborating with 2STNB community members. The research within this lab is informed by minority stress theory (Brooks, 1981; Meyers, 2003), which emphasizes the impact of societal stigma on mental health, as well as the protective function of resilience factors. From this framework, our research goals are to 1) identify the minority stressors and resilience factors that 2STNB people experience, 2) create and validate psychological measures of minority stressors and resilience for 2STNB people, 3) examine the pathways between minority stressors, resilience factors, and mental health outcomes for 2STNB people, and 4) develop and test interventions to reduce minority stressors and/or increase resilience factors for 2STNB populations.

Dr. Matsuno is a member of the American Psychological Association (APA) Division 17 (Counseling Psychology), Division 35 (Psychology of Women), Division 44 (Sexual Orientation and Gender Diversity), Division 45 (Psychological Study of Culture, Ethnicity, and Race), and the World Professional Association of Transgender Health (WPATH).

**Student Participants:** The lab currently includes four doctoral students and one masters student. Masters and undergraduate students are welcome to apply to volunteer with the lab starting in January 2023.
Products:


Accepting PhD Students for 2023? Pending

**Latinx Spirituality and Mental Health Lab**

Faculty Mentor: Rachel Ocampo Hoogasian, PhD
Assistant Clinical Professor
Email: Rachel.Ocampo.Hoogasian@asu.edu

**Description:** We explore the intersections of Latinx spirituality and mental health. We also research the transmission of cultural values and spirituality within Latinx families. Students receive opportunities to learn more about every level of qualitative data analysis and writing. There is also a strong mentorship component with opportunities to work with other students who may be interested in pursuing graduate education.

**Student Participants:** Undergraduate students.

Accepting PhD Students for 2023? Yes
Psicología Latinx en Acción (PLENA) Lab
Faculty Mentor: Cristalis Capielo Rosario, PhD
Assistant Professor
Email: Cristalis.Capielo@asu.edu | https://www.plenaresearch.org

Description: Members of PLENA focus on examining the intersectional causes of health disparities among Latinx communities in the U.S. and Puerto Rico. Our research is frequently disseminated through peer-reviewed articles, conference presentations, and community stakeholders.

Student Participants: PLENA welcomes doctoral, masters, and undergraduate level student researchers.

Products:
- Selected articles:
- Selected presentations to policy makers:

Accepting PhD Students for 2023? Pending
R & R (Race and Relationships) Lab
Faculty Mentor: Lydia Ahn, PhD
Assistant Professor
Email: LydiaAhn@asu.edu

Description: Research includes topics on 1) the impact of racism on health outcomes, 2) developmental protective factors including racial-ethnic socialization, parenting, and Attachment, and 3) promoting positive psychological outcomes and healing through psychotherapy, prevention/intervention programs, and evidence-based video interventions.

Student Participants: Doctoral, masters, and undergraduate students.

Products:

Accepting PhD Students for 2023? Yes

Sex & Gender Lab
Faculty Mentor: Francisco “Cisco” J. Sánchez, PhD
Assistant Professor
Email: Cisco.Sanchez@asu.edu

Description: The lab broadly focuses on psychological topics related to human sexuality and gender norms. Recent/ongoing topics studied by the lab include the impact of purity culture on sexual health; the role of male norms in fraternity members’ resistance to harm-reducing
interventions for alcohol use; the psychological effects of stigmatized identities among people who identify as LGB and atheist; and rape myth acceptance among male athletes.

**Student Participants:** Open to doctoral, masters, and advanced undergraduate students.

**Accepting PhD Students for 2023?** Yes

**Tran Ethnic & Minority Psychology and Experiences (TEMPE) Lab**

Faculty Mentor: Alisia (Giac-Thao) Tran, PhD

Associate Professor

Email: Alisia@asu.edu | https://sites.google.com/site/tempelab

**Description:** At this time, the research of the TEMPE Lab is most heavily focused on student-athlete mental health, with a specific emphasis on minority student-athletes. The TEMPE Lab members also conduct research on discrimination, ethnic-racial socialization, cultural identities, financial stressors, socioeconomic disparities, and social justice. The TEMPE Lab is currently doing work in affiliation with the ASU Global Sport Institute and its members.

**Student Participants:** Doctoral, masters, and undergraduate students.

**Products:** articles, grants, presentations/workshops, media

- Sample publications:

**Accepting PhD Students for 2023?** Yes