



# **CED 684: Master of Counseling (MC) Internship Handbook**

Updated May 2022

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## Information on Internships

The [Internship Site List](#) is provided to assist students in seeking out currently approved Internship sites. The information contained in the document is accurate through the revised date listed on the front page. Although this document is revised annually, many of the sites may experience administration and services changes throughout the year. As a result, any changes that occur may not be reflected on the list until the next scheduled update. Please note that due to high turnover and continuous modifications to administration and services at these agencies, contact information may be changed, altered, or inaccurate. Please contact your internship course instructor or MC Internship Graduate Assistant (GA) to inform them of any changes in contact information that you may find.

This document briefly describes how to apply for CED 684: Internship. The Master of Counseling Training Director will present in the Master's Practicum seminar class within the first two month of each semester to provide prospective internship students with the necessary information relative to the Internship course application process. It is crucial that prospective interns attend this presentation and do not proceed with applying for internship solely based on the information provided in this document. Should you be unable to find placement at a pre-approved internship site, there is the option to submit a site for approval through the Clinical Committee. The [Internship Site Approval Checklist and Attestation](#) form must be submitted for consideration. **A minimum of two months is required for internship site review and approval.**

## Scope of Service

The Internship in Clinical Mental Health Counseling course (CED 684) is designed to improve the student's professional skills and to help the student synthesize learning by providing an opportunity and experience to become familiar with a variety of professional activities through an approved internship site. These should include a broad array of cross-cultural experiences.

Total hours required for the entire two-semester internship: **600 cumulative hours with 240 of the hours as direct service.**

Direct service is defined as:

- Individual and group counseling
- Couples and family counseling
- Delivery of psycho-educational training and/or workshops
- Crisis counseling
- Test administration/interpretation

The remaining hours are *indirect* service and include training, staff, administration, supervision, and additional training experiences the site supervisor and the student agree upon. Thus, ***the requirements for each 15-week semester are: 300 cumulative hours with 120 of the hours as direct service and an average of one hour per week of individual/triadic supervision*** (triadic supervision is considered one supervisor and a maximum of two student interns).

An average of one hour per week of clinical supervision must be provided specifically by an on-site supervisor who is either licensed as an LPC, LCSW, LMFT, or a Licensed Psychologist. Specifically, the assigned supervisor who will be interfacing on a weekly basis with the MC student intern must be independently licensed and have (1) a minimum of a master's degree, preferably in counseling, or a related profession; (2) relevant certifications and/or licenses; (3) a minimum of two years of pertinent professional experience in Clinical Mental Health Counseling; (4) knowledge of the program's expectations, requirements, and evaluation procedures for students; and (5) relevant training in counseling supervision. Alternatively, it is permissible for clinical supervision to be provided by a supervisor-in-training who is directly supervised by a supervisor-of-record who holds the above listed qualifications. If you have questions about your clinical supervisor's qualifications, please contact the Master of Counseling Training Director.

Interns are expected to have a wide range and combination of the following experiences at their sites: individual and group counseling, couples and family counseling, delivery of psycho-educational training and/or workshops, psychosocial assessments, DSM-5 diagnoses, access to diverse ethnic and cultural groups, crisis counseling, test administration, case conceptualization, and any other experiences that the site supervisor approves.

A weekly log of time and activities must be maintained and submitted as designated in the CED 684: Internship course calendar. The student, site supervisor, and internship instructor must sign it.

It is expected that one hour of supervision will occur during the week where any direct client contact hours are being counted on the weekly log. If the supervision hour must be cancelled for any reason, it must be rescheduled and made up so there is a minimum average of one hour of clinical supervision per week of direct client hours.

It is strongly recommended that site supervisors immediately alert Dr. Jamie Bludworth, Master of Counseling Training Director, regarding any professional disposition concerns, problems and/or violations of ethics. The internship instructor or Training Director will contact each site supervisor at the beginning of each semester to add any information needed and review rating procedure for evaluations. Please contact the Training Director at (480)965-6956 if you would prefer a person-to-person site visit.

Site supervisors will submit the [ASU Master of Counseling Clinical Evaluation](#) form twice (2x) per semester. The evaluation must be based on the site supervisor's observations of the intern's interactions with clients. Please make arrangements with your site supervisor, ahead of time, to ensure your evaluations are completed and submitted by their respective due dates. These evaluations are weighted heavily as part of your final grade for each semester of the internship course.

Toward the end of the internship, students will submit a formal evaluation of their internship site and supervisor.

Internship must be completed over two consecutive semesters. Of the 300 cumulative hours required each semester, 120 hours of those must be a combination of services that constitute direct client contact hours. You must enroll for three (3) credit hours per semester in one the follow sequences:

1. Fall and spring
2. Spring and summer
3. Summer and fall

Enrollment in CED 684: Master's Internship is **extremely time consuming**. Students should take into consideration the amount of time necessary to complete all assigned coursework as well as class time (group supervision) and travel time to and from your internship site. Given this extensive time commitment, the faculty advises that students enroll in no more than 12 credit hours total when taking internship. Students engaged in any internship placement must be enrolled for internship credit.

During internship, be sure to retain copies of all logs and evaluations for your own personal records. You will need these forms when applying for licensure. While the program retains these documents, this is as a back up to verify records, when requested. It is also strongly recommended that you keep copies of all class syllabi, as well as the [program handbook](#) from your cohort year.

It may occur that students do not have enough hours at the end of a semester; in this case they may continue at the agency until they obtain the required hours. For purposes of liability, they must be enrolled for internship credit the following semester. For example, if a student interns in the spring semester and does not meet the required 600 hours, that student may continue at the site (with Internship Instructor approval) during the intersession and into the summer. However, the student must enroll for internship credit during the summer. In other words, students can intern during the intersession only if they are enrolled in the subsequent semester.

*In the event of any questions, issues or problems regarding a student's internship site, the student is instructed to contact their internship instructor, as well as the site supervisor, immediately.*

## Internship Application Process

1. You must submit the [Application for CED 684: Master's Internship](#) to the Coordinator, CTC, Leah Capps: [leah.capps@asu.edu](mailto:leah.capps@asu.edu)
  - a. You are not permitted to submit your application for CED 684: Master's Internship form until you have received your mid-term ASU Master of Counseling Clinical Evaluation for your practicum course (CED 680). Your practicum clinical supervisor will determine whether you are ready to submit your application for CED 684: Master's Internship.
  - b. Submission of your application for CED 684: Master's Internship form does not guarantee approval to secure an internship site. Students may NOT commit to any internship site prior to being formally approved, by the faculty, as ready for internship. Faculty meet to discuss every student's readiness to advance to internship during the final four weeks of the spring and fall semesters. Decisions are made based on performance in CED 680: Master's Practicum and general academic performance in the program. This means that you may have to wait beyond the first day of class registration to receive notification of approval to secure an internship site and complete the [Internship Application and Site Supervision Agreement](#) form.
2. The student is responsible for selecting the internship site, scheduling and completing interviews, and completing all required paperwork.
  - a. You will have an opportunity to meet with the site supervisors and obtain information regarding approved internship sites at the internship fair, which occurs once per semester.
  - b. The [Internship Site List](#) is provided to assist you in this selection.
  - c. If you are interested in a site not already on the Internship Site List, you must follow the procedures of the [Internship Site Approval Checklist and Attestation](#) form must be

submitted for approval. All sites must be approved by CCP faculty. Please allow a minimum of two months for faculty approval on new internship site applicants.

3. Complete all information requested on the [Internship Application and Site Supervision Agreement](#). This form is available in the forms section of the MC program website. Names, addresses, telephone numbers, and email addresses must all be completed.
  - a. You and your site supervisor will develop the responsibilities, experiences, goals, and skills that are called for on the application form.
  - b. Signatures are required from your site supervisor and the internship coordinator/instructor.
  - c. When all of this is completed, make a copy of the form for your records and turn the original form in to the internship instructor.
  - d. Students should expect to undergo background checks at their sites.
4. Once you are approved for enrollment for CED 680: Master's Internship, a registration override will be processed on your behalf and you will be notified of when to enroll in the course.
5. You will be required to provide proof of [ACA insurance](#) coverage, prior to starting your internship work.
  - a. While you are enrolled in CED 684: Master's Internship, you will have liability insurance through Arizona State University, however, you are also required to purchase your own professional liability insurance. The ASU Counseling Program requires that you register as a member of the [American Counseling Association \(ACA\)](#), as this membership includes professional liability insurance, along with other professional development benefits.

For questions, contact the internship course instructor or the Master of Counseling Training Director.

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**Application for CED 684: Master's Internship**

**Complete the following required information (please type or write legibly):**

Full Name: \_\_\_\_\_

Preferred Name: \_\_\_\_\_

ASU Affiliate ID # (10-digit number) \_\_\_\_\_

Semester of Application     Spring                       Summer                       Fall

Semester of Internship:     First                       Second

Internship Site (if known) \_\_\_\_\_

Practicum Supervisor Name: \_\_\_\_\_

Faculty Advisor Name: \_\_\_\_\_

***My submission of this application indicates that I understand the following:***

- An override and subsequent written approval to register for Internship will be granted via email following contingent Faculty approval.
- I may only accept an offer of internship contingent on passing CED680: Master's Practicum.

**Return this application form to the |**  
**Coordinator, CTC, Leah Capps\***  
[leah.capps@asu.edu](mailto:leah.capps@asu.edu)

\*The deadline for this form varies by semester, see your practicum seminar instructor or the Coordinator, CTC, for the due date.

Supervision Contract/Agreement for \_\_\_\_\_ & \_\_\_\_\_  
(Printed student name) (Semester / year)



**MC Internship Supervision Agreement**

*This completed document denotes a supervisory agreement between the specified graduate student in the Master of Counseling Program at Arizona State University, and the agency & supervisor identified herein.*

Student Name \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Preferred Phone \_\_\_\_\_ Alternate Phone \_\_\_\_\_

Email \_\_\_\_\_

Internship Start Date \_\_\_\_\_ Semester/Year \_\_\_\_\_

Internship End Date \_\_\_\_\_ Hours per week \_\_\_\_\_

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Internship Site Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Type of Agency \_\_\_\_\_

Site Supervisor<sup>1</sup> \_\_\_\_\_ Attach copy of AZ License \_\_\_\_\_  
*name and highest degree*

Preferred Phone \_\_\_\_\_ Alternate Phone \_\_\_\_\_

Email \_\_\_\_\_ Have you received training in Clinical Supervision? Y\_\_ N\_\_

Supervision Contract/Agreement for \_\_\_\_\_ & \_\_\_\_\_  
(Printed student name) (Semester /year)

The internship experience is to provide the student with the opportunity to apply helping relationship skills under qualified supervision in an applied organizational environment, while at the same time contributing to the mission of the organization. As such, the student intern, site supervisor, and faculty/doctoral student supervisor agree to all of the following:

**THE STUDENT AGREES TO:**

1. Adhere to the ACA code of ethics.
2. Document a schedule with the site supervisor to work in the organization for a minimum of 300 hours during each semester (2 semesters), normally twenty (20) hours per week, across the duration of each 15-week semester. Interns must complete 120 hours of direct client contact and 180 hours of indirect services such as case notes, supervision, evaluations, and services deemed necessary for that site each semester.
3. Observe the working rules and professional standards of the organization under the supervision and to provide a weekly log during every supervision accounting for time spent accruing direct and indirect hours at the site.
4. Observe the requirements of the internship course as outlined in the course syllabus.
5. *Provide site supervisor with a copy of the course syllabus during each semester of enrollment.*
6. Provide the MC Program Internship Instructor with a revised form should the site supervisor change at any time.

**THE SITE SUPERVISOR AGREES TO:**

1. Adhere to the code of ethics associated with the supervisors' professional license.
2. Provide the ASU Intern with a caseload to include a reasonable combination of individual and group client hours. Specifically, the site agrees to provide a minimum of 8 direct client hours per week.
3. Verify via signature/initials the student interns' documentation of weekly hours via student provided log.
4. Be identified as the designated "Site Supervisor;" and in this role, is identified as the person responsible for providing direct supervision to the student for a minimum of one hour per week (All supervisors of record must hold at least a Master's degree and be licensed in the State of Arizona in Counseling or a related field).
5. Verify whether they have received training in clinical supervision (included in this agreement).
6. In consultation with the supervised intern, document and provide supervisee with ongoing feedback regarding their demonstrated knowledge, skill, and professional dispositions.
7. Schedule periodic formal evaluative sessions throughout the supervisory relationship. Specifically, to complete a formal written evaluation of the student's knowledge, skill and professional dispositions twice during each semester using the evaluation form provided by ASU's Counseling Program and to submit said evaluation with wet or verified electronic signature to both the student and the CED 684 Internship Instructor. **NOTE: written evaluations must be based on audio/video recordings or live supervision methods of the student interns' interactions with clients.**
8. Contact the CED684 Internship Instructor regarding any performance related concerns as soon as they arise.
9. Keep a copy of this agreement.

**THE FACULTY/DOCTORAL STUDENT SUPERVISORS AGREE TO:**

1. Adhere to the code of ethics associated with the supervisor's professional license.
2. Meet weekly for at least 1.5 hours for supervision, with a focus on promoting the development of supervisee's professional disposition, clinical competence and professional counselor identity via written and/or verbal feedback
3. Provide weekly group supervision during scheduled class time on campus
4. Provide academic content for the supervisee's Internship course as outlined in the course syllabus
5. Consult with supervisee's site supervisor at any time, and to document formative (midterm) and summative (final) evaluations of the student's professional dispositions, counseling performance and ability to integrate and apply knowledge
6. Consult with supervisee's site supervisor as needed to determine final grade for the course.

Supervision Contract/Agreement for \_\_\_\_\_ & \_\_\_\_\_  
 (Printed student name) (Semester /year)

In accordance with ASU’s Master of Counseling Site Approval Policy, sites must be able to provide the following activities/experiences to counseling interns: Individual, group, and family counseling, test administration, case conceptualization, DSM-V diagnosis, treatment planning, access to diverse ethnic and cultural groups, crisis counseling, and psychoeducational training (e.g., domestic violence, stress management, anger management, relaxation training). Interns should be made aware and make note of any exceptions to these experiences. It is recommended that alternative experiences be discussed, agreed upon and noted in this document.

The student’s schedule at the internship site will be across the span of each semester, with daily times as indicated:

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday

*Note:*

The student’s responsibilities at the internship will be as follows:

The student and the supervisor jointly agree to work toward the following goals:

We jointly agree to the aforementioned stated terms and conditions of this applied experience (wet signatures required):

Student Printed name & Signature \_\_\_\_\_ Date \_\_\_\_\_  
 Site Supervisor Signature \_\_\_\_\_ Date \_\_\_\_\_  
 Internship Coordinator Supervisor \_\_\_\_\_ Date \_\_\_\_\_

**Master of Counseling  
Internship Site Approval Checklist and Attestation**

Thank you for your interest in becoming an approved internship site and supervisor for our Master of Counseling (MC) students. Internship provides for the application of theory and the development of counseling skills under supervision. These experiences will provide opportunities for students to counsel clients who represent the ethnic and demographic diversity of their community. Our program requires students to complete two consecutive semesters of clinical practice while enrolled in CED684-Internship, under supervision from a qualified site supervisor. Each semester of internship activities must include 300 total hours, of which, 120 must be in direct service (face-to-face with clients in a therapeutic capacity).

**Please submit the following documentation and this agreement letter to the Master of Counseling Training Director, Jamie Bludworth, PhD.: [james.bludworth@asu.edu](mailto:james.bludworth@asu.edu):**

**Letter to ASU Clinical Committee requesting internship site approval.** This letter must include:

- A description of the context in which student interns will conduct counseling/therapy with clients (e.g., locked facility, group home, licensed clinicians on site while intern is with clients).
- Summary of required internship activities/experiences provided at the site (i.e., individual and group counseling, family counseling, case conceptualization, treatment planning, DSM-IV/5 diagnosis, access to diverse ethnic and cultural groups, crisis counseling, test administration, and psychoeducational training).
  - Please include a brief overview of the onboarding/training/orientation process expected of students and indicate when they will be eligible to begin training.
- **Brochure(s)** with thorough description of the counseling program(s) at the site, including contact information and web address.
- **Professional résumé or vita** describing the supervisor's/supervisors' credentials, including dates of degree conferral.
- **Copy of the site supervisors' license(s)**

**Please check each box below indicating the site agrees to the following:**

- Provide student intern with required number of contact hours to fulfill course requirements each semester (8-12 direct client contact; minimum 20 hours per week total)
- Case load to be comprised of a reasonable combination of primarily individual client hours plus additional hours accruing group/couples/intakes/outreach, etc.
- Provide **1 hour of individual supervision by an ASU approved site supervisor each week** to student(s)
- Complete two written evaluations (mid-term/final) per semester for each intern based on their interactions with clients (e.g., audio/video recording and/or Live Supervision), using the program provided "MC Practicum and Internship Evaluation"
- Notify the internship instructor of any questions or concerns as soon as they may arise
- Agree to attend ASU internship fair(s), held in October and February (approximately) at least once per academic year.

**Review Procedures:**

- o Counseling faculty will review the documentation (Clinical Committee will make recommendation to faculty for vote)
- o Master of Counseling Training Director will contact the site if additional information is needed
- o Master of Counseling Training Director will notify the site within 6 weeks of submittal regarding the faculty decision. We are unable to review applications in summer.
- o Please submit all paperwork to Dr. Jamie Bludworth via email:  
james.bludworth@asu.edu

We are not inclined to approve private practices, unless it is a group practice and sufficient commitment to training is observed.

**Note:** The supervisor of record for an ASU intern must be an Arizona Board-Licensed (e.g., AZBBHE, AZBPE) professional (i.e., Licensed Professional Counselor, Licensed Social Worker, Licensed Marriage and Family Therapist, or a Licensed Psychologist). Does the site supervisor at this agency meet this requirement? (check one): Yes No



By signing this document, we assert that the criteria have been met and supporting documentation is included with this application for approval as an internship site with the Master of Counseling program at Arizona State University.

Name of Agency: \_\_\_\_\_ Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

Name of Site Supervisor / Site Administrator: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## Internship Policy

Students who do not complete their hours by the time grades are due have until the week prior to the start of the next semester to complete their hours **if the internship instructor approves of their incomplete status**. This means the instructor requires a week for all grade changes to be evaluated and submitted.

If students are not able to complete their hours before the start of the next semester, they must be enrolled in internship to maintain liability coverage with ASU. This means that students who are enrolled in CED 684 in the spring and who do not finish their hours by the final day of classes will be required to enroll in CED 684 internship over the summer.

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### Student Checklist

\_\_\_\_\_1. The Master of Counseling Training Director will have a presentation in all Practicum classes during the first two months of each semester. At that time, you will be provided with all necessary information and paperwork. If you have any questions after this presentation, contact the Master of Counseling Training Director.

\_\_\_\_\_2. It is your responsibility to decide on an approved site, make arrangements for an interview, and complete all the necessary paperwork. Review the Internship Site List and narrow down choices.

\_\_\_\_\_3. Complete the application, contact your Committee Chairperson/Advisor and Practicum Supervisor, and obtain her/his approval and signature

\_\_\_\_\_4. When a mutually agreeable training program has been arranged, ask the Site Supervisor to complete the Letter of Agreement portion of the Application. You, the Site Supervisor, and the Internship Instructor must all sign the Application. Be sure to include complete mailing address, names, titles, organization, phone numbers, e-mail addresses, and zip codes of all concerned parties. This is needed for mailing purposes.

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# **CED 684: Master of Counseling (MC) Internship Site List**

Updated May 2022

**Adolescent Substance Abuse Program (ASAP)**

2530 S. Alma School Rd.

Mesa, AZ 85210

Phone: 602-434-0249

Website: [asapaz.com](http://asapaz.com)

Site 1: 5702 N. 35th Avenue,

Phoenix Site 2: 6153 W. Olive, Glendale

Site 2: 3839 E. Shea Blvd., Phoenix

Curtis Walling, Ph.D.

Clinical Director

Email: [asap71@cox.net](mailto:asap71@cox.net)

The ASAP program is an outpatient substance abuse program. Interns function primarily as assistant group therapists, although some limited involvement in the ASAP high school support groups and in the assessment of potential ASAP clients is also possible. Interns help to educate adolescents to the reality of their chemical use, providing them the skills necessary to successfully manage recovery from chemical use, and processing with them the painful emotions and painful life events that contributed to their use of mood-altering chemicals.

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**Alliance Behavioral Care**

4515 S. Lakeshore Drive, #115

Tempe, AZ 85282

Brian McDonald, Psy.D.

Email: [brian@alliancebc.us](mailto:brian@alliancebc.us)

Phone: 551-427-5241

Alliance Behavioral Care provide residential treatment to adult individuals who have been designated seriously mentally ill (SMI). We provide services for individuals meeting criteria for a range of diagnoses (e.g. mood disorders, psychotic disorders, anxiety disorders, trauma-related disorders, personality disorders), some of whom also have comorbid substance use disorders and complex medical concerns. Students gain experience providing intake assessments, individual and group counseling, risk assessment, crisis response, treatment planning, and interaction with multi-disciplinary teams. Training is provided in evidence-based treatments, including CBT, motivational interviewing, and mindfulness.

**Amanda Hope Rainbow Angels**

340 E. Coronado Rd. #100

Phoenix, AZ 85004

Phone: 310-433-3032

Website: <https://www.amandahope.org>

Lara Walton, LMFT

Email: [Laura@amandahope.org](mailto:Laura@amandahope.org)

Susan Santilena

Email: [susan@amandahope.org](mailto:susan@amandahope.org)

Amanda Hope Rainbow Angels is a non-profit organization founded in 2012. Their goal is to empower children and families battling childhood cancers and life-threatening diseases through supportive programs, while promoting healthy coping skills and resilience. They offer free services to families including counseling (individual, family, couples), Play Therapy, Parent Connection groups, and coping skills workshops. Interns would gain experience in individual and group counseling, family counseling, case conceptualization, treatment planning, DSM 5 diagnoses, access to diverse ethnic/cultural groups, crisis counseling, and psychoeducational training.

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**A New Leaf**

868 E. University Dr.

Mesa, AZ 85203

Website: [www.TurnaNewLeaf.org](http://www.TurnaNewLeaf.org)

Lauren Olson

Email: [lolson@turnanewleaf.org](mailto:lolson@turnanewleaf.org)

Dawn Noonan

Email: [dnoonan@turnanewleaf.org](mailto:dnoonan@turnanewleaf.org)

A New Leaf provides a broad spectrum of support services to help individuals and families succeed. From basic needs to career development to budgeting, A New Leaf focuses on providing the critical skills to achieve lifelong independence. Our clients' successes include employment, healthier lifestyles, enhanced life skills, high school diplomas / GEDs, college degrees, and savings accounts and self-sufficiency. Services offered include individual, group, and family counseling, psychiatric medication management, case management, and family support. These services are for children, youth, and their families who are enrolled with Mercy Maricopa Integrated Care (MMIC). Issues addressed: PTSD, adjustment issues, ADHD, depression, domestic violence, OCD, anxiety disorders, relationship issues, parenting skills, sexual abuse, and substance abuse.

**A New Leaf – After School Program**

868 E. University Drive

Mesa, AZ 85203

Website: [www.TurnaNewLeaf.org](http://www.TurnaNewLeaf.org)

Adrienne Gibson

Clinical Director

Email: [agibson@turnanewleaf.org](mailto:agibson@turnanewleaf.org)

Phone: 480-316-4041

Jessica Van Leer, LPC

Site Director

Email: [jvanleer@turnanewleaf.org](mailto:jvanleer@turnanewleaf.org)

Phone: 480-822-0683

The internship opportunity at A New Leaf's therapeutic after school program is a unique and fun experience with clients who are ages 6-17 years old, have a behavioral health diagnosis and need support to be successful in a community-based program like the YMCA or other after school programs. Our activities are based on our 5 components of care, which are: Community, Creative Expression, Character Development, Emotional Regulation and Executive Functioning. Come join us and gain valuable experience and knowledge about working with children who have behavioral health needs!

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**Arizona Relationship Institute**

7565 E. Eagle Crest Drive, Ste. 201

Mesa, AZ 85207

Website: <https://azri.org/about/>

Dr. Lisa Gold

Email: [dr.gold@azri.org](mailto:dr.gold@azri.org)

In our modern world that emphasizes independence, individuality, and self-sufficiency, it's easy to feel isolated and disconnected. Although these traits have value, as humans we are wired for connection. We thrive best when we have a supportive network surrounding us and providing safety, security, and strength as a foundation from which we are better able to explore and achieve our goals. At AZRI, we help you shift out of patterns that lead to disconnection and shift into new patterns that cultivate the type of connection you want and need. We specialize in healing emotional injuries that get in the way of having the sustainable connection with yourself and others that will allow you to pursue your goals and live the life you desire.

## **ASU Counseling Services**

Arizona State University

Phone: 480-965-6146

Website: <http://students.asu.edu/counselingpracticum>

Lilia Miramontes, Ph.D.

Licensed Psychologist, Practicum Coordinator

Email: [Lilia.Miramontes@asu.edu](mailto:Lilia.Miramontes@asu.edu)

The Advanced Counseling Practicum is a 9-month, advanced training experience for ASU students enrolled in the Master of Counseling, Master of Social Work, or Ph.D. in Clinical or Counseling Psychology graduate programs. Practicum counselors receive training primarily in individual counseling and group counseling. Counselors also participate in outreach to the university, consultation with university staff, and a number of professional development activities including seminar training, case conferences, didactics, and presentations to agency staff. Our training site endorses a developmental model of supervision and training, reflecting a focus on development of competencies consistent with a trainee's experience. Threads of cultural competence are woven throughout all aspects of training. To enhance the learning process, our staff is committed to integrating development of clinical competence and ethical practice with professional growth in the context of a supportive environment.

**For current information on the training philosophy, requirements, application process, and application deadline, visit website. Applications are usually due at the end of January.**

**Aurora Behavioral Health System, East**

6350 W. Maple Ave  
Tempe, AZ 85283

Joseph Grant

Email: [joseph.grant@aurorabehavioral.com](mailto:joseph.grant@aurorabehavioral.com)

Phone: 480-345-5400

Aurora Behavioral Health System's Outpatient Services is dedicated to providing a safe, caring and therapeutic environment for individuals who can benefit from more concentrated mental health and chemical dependency services, while still maintaining their normal daily activities. Our structured and supportive approach allows patients to reduce their symptoms, regain their confidence and achieve greater levels of functioning. Successful treatment is measured by the resolution of emotional and psychological problems, maintaining long-term stability and increasing the level of independent functioning at home and in the larger community. Services provided:

- Adult Mental Health Partial Hospitalization
- Adult Mental Health Intensive Outpatient
- Adult Chemical Dependency Intensive Outpatient
- Adolescent Mental Health Intensive Outpatient



**Bayless Healthcare**

3620 N. 3rd St.  
Phoenix, AZ 85012

Margaret Masi, LCSW

Email: [mmasi@baylesshealthcare.com](mailto:mmasi@baylesshealthcare.com)

Phone: 623-999-7112

Bayless and Associates offers students the opportunity to work with children and families in a variety of community-based settings, such as schools, homes, group homes, and shelters. Students will develop skills in individual and family counseling and work alongside case managers and clinicians as a member of child and family teams. Students are given special consideration for employment opportunities based on performance. Bayless is pleased to announce that we will have two different internship opportunities moving forward. We will continue with our general population internship (children/families and adults) as we have for years. But in addition, we will be adding an internship opportunity for students to work solely with our high-risk youth population in our Lighthouse Program.

**Bayless Healthcare – Lighthouse Project**

9014 S Central Avenue  
Phoenix, AZ 85042

Margaret Masi, LCSW

Email: [mmasi@baylesshealthcare.com](mailto:mmasi@baylesshealthcare.com)

Phone: 623-999-7112

THE LIGHTHOUSE PROJECT: “WE BUILD FUTURES FOR KIDS....”

LIGHTHOUSE 1: High Needs Adolescent Populations at high risk for cyclical involvement in out of home placements.

AGE: Youth age 12 to 17 years old. Youth on a new or established trajectory of out of home placements. This includes youth with severe disruptive behaviors disorder, severe mood disorders, and co-occurring severe substance abuse disorders placing them at current or imminent risk for juvenile detention, residential and/or group home placement, or acute crisis hospitalization due to chronic, persisting individual behavioral patterns and dysfunctional family systems.

LIGHTHOUSE 2: Standard Needs Adolescent Populations at risk for escalation, disruption of safe and supportive home environments.

AGE: Youth age 12 to 17 years old. Youth on a trajectory of increased family conflicts due to moderate disruptive behavioral disorders, moderate mood and anxiety disorders, and moderate substance abuse disorders. This includes families with specific situational and interpersonal challenges in efforts to prevent the development of entrenched chronic, dysfunctional patterns in the future

**Catholic Charities Community Services Counseling Department**

2220 S. Country Club Dr. Suite 106

Mesa, AZ 85210

Phone: 602-287-6506

Website: [www.catholiccharitiesaz.org](http://www.catholiccharitiesaz.org)

Anna Smith, LPC, LISAC

Tel: 602-749-4408

Email: [asmith@cc-az.org](mailto:asmith@cc-az.org)

Catholic Charities is a social service agency that began providing a variety of services in central and northern Arizona in 1933 and has served the East Valley since 1965. We serve all clients regardless of ethnicity, religion or income. We use a sliding fee scale to ensure that our fees are affordable to the community. Counseling appointments are done at one of our counseling sites. Currently we have a site in Mesa, Tempe, Phoenix and Peoria. The majority of services are provided at the Phoenix office. Interns also have the opportunity to be placed at a Parish elementary school (KA8) for part of their weekly hours. At the school, the intern will see students individually and do groups on a variety of subjects, such as bullying or self-esteem. The general counseling department provides individual, couples, and family therapy for clients ages 4 to 75+ in both English and Spanish. Our counselors deal with a variety of issues such as abuse, anxiety, communication skills, depression, domestic violence, family conflicts, grief & loss, parenting skills, stress management and self-esteem. We use a strength base approach, employing cognitive behavioral therapy and other modalities when appropriate. Interns will observe staff counselors to become familiar with the intake process. Then they will be assigned clients of their own through the internship (2 semesters required).

## **Chrysalis Shelters for Domestic Violence**

1010 E. McDowell, Suite 301

Phoenix, AZ 85000

Phone: 602-955-9059

Website: <http://www.noabuse.org>

Angie Swart

Chief Program Officer

Email: [aswart@noabuse.org](mailto:aswart@noabuse.org)

The Chrysalis Outpatient Counseling center offers the Master Level Intern experience working with adult and child victims of domestic violence in individual and/or group counseling settings, as well as at the time of initial assessment. Interns are also afforded the experience of shadowing outpatient counselors in their sessions, training for working with this population, and training in the use of Child Centered Play Therapy. Interns are expected to meet with the intern supervisor weekly and participate in outpatient team staffing weekly. For more information, please visit our website. Intern will:

- Report to Chief Clinical Officer
- Review current client files and notes on a regular basis
- Provide individual counseling for clients pertaining to domestic violence
- Perform intake interviews, assessment and crisis counseling as needed
- Perform crisis phone counseling, screening, assessment, and referrals as needed
- Document all pertinent client information in individual client files
- Maintain an assigned case load of clients
- Develop and follow through on all individual treatment plans and update treatment goals as indicated
- Coordinate services with other community agencies when needed
- Maintain file compliance and complete paperwork within reasonable time frame
- Staff clients weekly
- Follow through on client issues discussed in weekly staffing of clients
- Follow through on client issues according to Chrysalis' program guidelines
- Coordinate with other staff as a clinical team member
- Participate in maintaining the work environment
- Demonstrate respect and appreciation to all volunteers, donors, and other community members and organizations
- Follow and maintain all ethical and professional guidelines as set forth by Chrysalis' Policies and Procedures, licensure, and the Arizona Board of Behavioral Health Examiners

**Copa Health**

924 N Country Club Drive  
Mesa, AZ 85201  
Phone: 480-244-3295

Adalesa Meek  
Sr. Clinical Supervisor  
Email: [Adalesa.meek@copahealth.org](mailto:Adalesa.meek@copahealth.org)

Master's in counseling interns at Copa Health will have the opportunity to work with their assigned LPC supervisor, Adalesa Meek, delivering individual therapy, developing counseling treatment plans, providing advocacy, coordination of care and outreach for Copa adult members. The students will learn the electronic health record and utilize it for their documentation.

This internship includes additional learning opportunities available in the areas of assessment, treatment planning, self-care, Dialectical Behavior Therapy, Solution Focused Therapy, and individual therapy skills.

Copa Health provides several therapy interventions and best practices. These include:

- Integrated Dual Disorder Treatment program for people with mental disorders and substance use disorders.
- Cognitive Behavior Therapy
- Dialectical Behavior Therapy
- Eye Movement Desensitization and Reprocessing therapy
- Cognitive Enhancement Therapy
- Solution Focused principles.

Due to Covid-19 potential health risk, services are provided via telehealth and/or via phone. As restrictions lift and following Copa Health's Policy, the intern students will provide in person services at the appropriate time.

If you are interested, please email Adalesa Meek at [Adalesa.Meek@copahealth.org](mailto:Adalesa.Meek@copahealth.org) and include your resume.

**Desert Rain**

17212 N. Scottsdale Rd.

Scottsdale, AZ 85255

Phone: 480-489-3925

Fax: 480-275-5757

Website: <http://www.desertrainbhs.com/>

Crystal Reidy

Community Affairs Specialist

Email: [crystalreidy@desertrainbhs.com](mailto:crystalreidy@desertrainbhs.com)

We provide individual therapy, family/couples therapy, and group counseling primarily to Native American clients. We utilize multiple types of therapy including equine therapy, sand tray therapy, play therapy, art therapy, EMDR, DBT and other interventions. Please contact the internship supervisor for any other questions or application procedures.

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**Devereux**

11024 N. 28th Drive Suite 110

Phoenix, AZ 85029

Phone: 480-889-0568

Garry Langefeld

HR Manager

Email: [glangefe@devereux.org](mailto:glangefe@devereux.org)

Providing services to children ages birth to 18 years of age who may be experiencing issues related to emotional and behavioral health. This is a program that utilizes a team approach with a highly acute population, providing services in the community. You will have the opportunity to work clients that have disorders that include Depression, Substance Abuse, Anxiety, Mood Disorder, Bi-Polar, Post-Traumatic Stress Disorder, ADHD, Oppositional Defiant Disorder, and Autism Spectrum Disorders, (ASD). Many of our clients have suffered neglect, abandonment, physical and/or sexual abuse. Working with this population can be difficult however equally as rewarding and certainly a tremendous learning opportunity.

With our Treatment Team approach, you will have a connection with therapists, family support partners (parent advocates, or psychiatrist's, nursing staff, intensive case managers, case consultants, etc. & will work very closely with our clinical supervisors who are licensed in the state of Arizona. Each person on the treatment team has an integral role in the client's progress and success and we utilized a child/family centered approach to services across all domains.

**Doorways, LLC**

1825 E. Northern Ave. Suite 200

Phoenix, AZ 85020

Phone: 602-997-2880

Website: <http://www.doorwaysarizona.com/>

Jan Hamilton, MS, PMHNPABC

Psychiatric Nurse Practitioner

Email: [jan@doorwaysarizona.com](mailto:jan@doorwaysarizona.com)

Marian Humphries, LPC

Doorways, LLC serve adolescents, young adults, and their families. Mental health care in the areas of counseling, psychology, psychiatric services, dietary services, and specialized expertise in areas of Eating Disorder, Anxiety Disorders, and Dialectical Behavior therapy. Interns will be able to be involved in individual therapy with adolescents and young adults, age 13A25, and their families. They will have the opportunity to be involved in our three Intensive Outpatient Programs (IOP) which are group format in the specialty areas of Eating Disorders, Obsessive Compulsive Disorders, Social Anxiety, and DBT skills. Students will be able to be involved in treatment planning and case conceptualization in weekly treatment team meetings for our IOPs. One of our psychologists does psychological testing and interns could participate in the interview and follow up session with clients and families, as well as observe testing administration.

**Elevate Counseling**

18275 N. 59th Ave., K-164

Glendale, AZ 85308

Phone: 602-499-5329

Jamie Dana, LPC

Email: [admin@elevatecounselingaz.com](mailto:admin@elevatecounselingaz.com)

Website: [www.elevatecounselingaz.com](http://www.elevatecounselingaz.com)

Elevate Counseling is an outpatient group counseling practice specializing in treating children (5+), teens, and adults with anxiety disorders through group and individual therapy. Interns can expect to gain experience in providing assessments, intakes, case conceptualizations, treatment planning, diagnosis, individual therapy and group therapy with clients of varying ages and backgrounds. Family and couples counseling with a focus on developing healthy communication is also expected. Instruction in identifying deficits in Executive Functioning and providing interventions in executive functions may be performed outside of the office (at clients' schools, libraries, or homes). Potential interns may also provide teletherapy if it is deemed appropriate, although they are likely to get less exposure to this platform for treatment. We do NOT treat substance abuse disorders or provide ongoing crisis counseling. Potential interns may receive the opportunity to write articles and engage in presentations for local parent groups, schools, or professional organizations on psychoeducational topics of interest. Access to further training opportunities may be available for interns for specific modalities of treatment (i.e., EMDR, CBT, ERP). Potential interns will be required to go through a multi-step interview process. We work best with passionate, proactive and motivated individuals who are excited about helping clients shift their thinking to live an Elevated life.

**EMPACT Suicide Prevention Center  
Trauma Healing Services Department**

1232 E. Broadway Rd., Suite #120  
Tempe, AZ 85282  
Phone: 480-784-1514  
Fax: 480-967-3528

Edle Burk, MA LPC

[edle.burk@lafrontera-empact.org](mailto:edle.burk@lafrontera-empact.org)

Myrna Ackerman, MC

[Myrna.Ackerman@LaFrontera-EMPACT.org](mailto:Myrna.Ackerman@LaFrontera-EMPACT.org)

Karen Gerdes, LMFT

[karen.gerdes@lafrontera-empact.org](mailto:karen.gerdes@lafrontera-empact.org)

EMPACT will tailor program to needs and interests of intern. The internship requires a one-year commitment. We focus is on family therapy and individual therapy with adults, however there is an opportunity for a full range of mental health experience. Interns will have caseload of 3-5 families and 1-2 individuals (check). Your experience will also consist of modalities with couples and families, child play- systems/therapy, and provide in-home intervention with schools. You will also have an opportunity to be involved in crisis and work phones or on-call. Required: attend 2 in service trainings per month, 1 staff training per month. Extensive opportunity for in-service trainings in various therapy techniques and behavioral health related topics.

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**EMPACT Suicide Prevention Center  
Adult Outpatient Program**

618 S. Madison Drive  
Tempe, AZ 85281  
4425 W. Olive Avenue, Suite 194  
Glendale, AZ 85302

Amanda Phillips, LPC

Program Manager, Adult Program

[Amanda.Phillips@lafrontera-empact.org](mailto:Amanda.Phillips@lafrontera-empact.org)

Phone: 480-784-1514

The Outpatient Behavioral Health Center provides a continuum of psychiatric and behavioral health services to individuals age 18+ and families. There are two locations; one in Tempe and one in Glendale

Services Provided:

- Initial Assessments/Intakes
- Individual, group, and family therapy
  - General Mental Health treatment and outpatient substance use treatment
- Skills training, case management, and peer support services
- Services can be provided in person or by telehealth
  - Trauma informed care, CBT, DBT, EMDR, Motivational Interviewing

**Family Transitions**

2345 E. Thomas Rd., Suite 385

Phoenix, AZ 85016

Phone: 602-955-3429

Fax: 602-955-3430

Website: [www.familytransitions.com](http://www.familytransitions.com)

Tom Romero

Intern Coordinator/Supervisor

Email: [tromero@familytransitions.com](mailto:tromero@familytransitions.com)

Works with families in which a child has been sexually molested. Team includes specialists in victim, family, and adult offender treatment. Opportunity to co-facilitate with supervisors' therapy groups, work individually with clients and attend treatment staffing. Intern may conduct group sessions with family members and perhaps with non-offending spouse. Openings are usually available in **August**.

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**Find Your Shine, LLC**

401 W. Baseline Rd., Ste 108

Tempe, AZ 85283

Phone: (602) 935-7815

Website: [www.findyourshinetherapy.com](http://www.findyourshinetherapy.com)

Emma Lauer, LCSW

Lead Therapist

Email: [emma@findyourshinetherapy.com](mailto:emma@findyourshinetherapy.com)

Find Your Shine is a group private practice in Tempe, AZ. We are trauma-informed therapists committed to offering a safe and inclusive environment for people of all abilities, religions, sexual orientations, countries of origin, races, and genders. Our therapists are trained in a wide variety of therapeutic modalities, including but limited to EMDR, CBT, DBT, and IFS. We treat a wide range of issues, including but not limited to trauma and PTSD, anxiety, depression, OCD, eating and body image issues, self-harm, and difficult life changes. In addition to individual therapy, we offer two DBT Skills Groups (one for adults and one for adolescents) as well as yoga. We are private pay. If you are interested in being an intern, please send your resume to [jaim@findyourshinetherapy.com](mailto:jaim@findyourshinetherapy.com).

**Four Directions, LLC**

920 W Chandler Blvd, Suite 1

Chandler, AZ 85225

Phone: (480) 347-6757

Website: [www.4directionsllc.com](http://www.4directionsllc.com)

Tana Tennent, MA, LPC

Clinical Director

Email: [tanat@4directionsllc.com](mailto:tanat@4directionsllc.com)

Four Directions is an outpatient office that provides counseling, respite services, and life skill mentoring. We have been providing behavioral health services in the Valley since 1998.

Four Directions offers individual, family and group counseling. We see a variety of client needs that include but are not limited to depression, anxiety, ADHD, trauma, abuse, anger management, parenting skills, self-esteem, transition to adulthood, and substance abuse. Four Direction counselors use a variety of techniques including CBT, mindfulness, DBT, art therapy, and additional client centered approaches while maintaining a strength-based approach. Our counseling interns will have the opportunity to diagnose, conduct treatment planning, case conceptualization, participate in Child and Family Team meetings/Adult Recovery Team meetings, case coordination and provide individual/family and group counseling with access to a diverse ethnic group of a variety of ages. Our counseling services are office and community-based working with the Gila River Indian Community as well as partnering with Arizona Children's Association, Jewish Family and Children's Services, Horizon Health and Wellness, Southwest, Touchstone, and Child & Family Support Services.

All counselors work under the supervision of a Board of Behavioral Health licensed supervisor.

**Life Skill Mentoring:** This community-based service is provided by our BHPP/BHT level staff including role modeling, coaching, instructing life skills, and providing additional support and community opportunities to practice skills.

**Respite:** The respite program is a program that is intended to provide a needed break for parents and guardians that experience a high level of stress as a result of caring for children with behavioral health needs. The respite program has a life skill benefit in addition to exposing the children to a variety of games, crafts, and outdoor activities.

Four Directions cultivates a meaningful relationship with families and communities through service to inspire change.

**Healthy Futures**

8065 N. 85th Way

Scottsdale, AZ 85258

Phone: (480) 451-8500

Website: [www.healthy-futures.com](http://www.healthy-futures.com)

Mia S. Elwood, LCSW

Director/Supervisor

Email: [Glo@healthyfuturesaz.com](mailto:Glo@healthyfuturesaz.com)

At Healthy Futures, the intern would observe and conduct groups at an intensive outpatient program for eating disorders, as well as observe and conduct assessments, individual and family therapies. Our clinic is open six days per week, with group programming four days per week. The rest of the week is for assessment and individual therapies, with eating disorders as well as other populations. In addition, intake and referral, case management, EDI –III test administration, DSM-5 diagnosis, and treatment planning learning opportunities area available. We are providers to the Arizona mental health sec, Magellan, and our clients represent diverse ethnic and cultural backgrounds. We have weekly staff meetings and monthly in-service meetings to increase learning in pertinent areas. Our staff is multidisciplinary including counseling, nutrition, and exercise specialties.

**Healthy Synergy, LLC**

2111 E. Baseline Rd., Suite B-1

Tempe, AZ 85283

Phone: 480-849-7070

Sophia Murphy, DBH, LPC, CPT

Email: [Sophia.smurphy@gmail.com](mailto:Sophia.smurphy@gmail.com)[www.createhealthsynergy.com](http://www.createhealthsynergy.com)

Healthy Synergy, LLC is a private practice where patients of all backgrounds can receive culturally- and trauma-informed, evidenced-based affirmative care. The population served largely includes BIPOC and LGBTQ+ individuals and systems. Members of the kink community and those seeking support in navigating ethical non-monogamy with affirmative providers are also a growing portion of the practice. Potential interns can expect to gain experience in completing initial psychosocial assessments, DSM-V diagnoses, and collaboration on treatment planning as well as individual and family systems psychotherapy. Interns will have access to the practice's electronic medical record system and learn administrative skills for chart management and documentation. Counseling sessions are offered both in-person and virtually as designated by the patients themselves. Supervision will include weekly individual sessions, monthly group sessions, and monthly didactics with opportunities for consultation and case conceptualization presentations. Healthy Synergy, LLC also collaborates training opportunities with other professionals in the field and educational topics will cover a range of information including, although not limited to: psychodynamic theory, family systems theory, trauma-informed care, harm-reduction, collaborative and integrated care with other helping professions and medical providers, eating disorders, substance use disorders, chronic illness, movement and physical health, working with children/adolescents.

Potential interns will complete a multi-stage interview process including an individual phone/video interview and an in-person group interview. Healthy Synergy, LLC strives to train clinicians who are committed to learning, ongoing growth and development, collaborative care, and deliberate practice. The space is designed to create an atmosphere of safety for patients from all marginalized groups who need the necessary support to identify their most authentic selves and create a life of balance.

## Inner Balance Counseling

1234 S. Power Rd, Suite 252

Mesa, AZ 85206

Email: [hello@innerbalanceaz.com](mailto:hello@innerbalanceaz.com)

Katy Kandarlis, MA, LPC

Clinical Director

Phone: 602-675-6185

[www.innerbalanceaz.com](http://www.innerbalanceaz.com)

Inner Balance Counseling is an outpatient counseling center that specializes in treatment of Complex Trauma, Dissociation, and the disorders that co-occur with trauma (Anxiety Disorders, Mood Disorders, Personality disorders, OCD, Self-harm, Substance Abuse and Codependency). Our Internship Program is a 30-week comprehensive program that teaches students how to become counselors and how to treat trauma. In our program we teach the following:

- Conducting bio-psychosocial assessments from a trauma informed perspective
- Disorder diagnosis
- Creating treatment plans
- Writing notes in a timely manner
- Case conceptualization and presentation
- Crisis management procedures
- **Cultural competency & trauma**
- **Dialectical Behavior Therapy**
- **Cognitive Behavioral Therapy**
- **Trauma & the LGBTQ+ population**
- **Structural Dissociation Theory (used to treat trauma and dissociation)**

### To Apply:

Send the following to Katy Kandarlis, LPC at [Hello@innerbalanceaz.com](mailto:Hello@innerbalanceaz.com):

- Cover letter
- Resume
- 2 letters of recommendation

**The Meadows**

3400 Sabin Brown Road

Wickenburg, AZ 85390

Email: [amanda.bolen@meadowsbh.com](mailto:amanda.bolen@meadowsbh.com)

Fax: 928-668-4567

Amanda Bolen

Director of Talent Acquisition

Phone: 928-668-4310

<https://www.themeadowsbh.com>

The Meadows is a behavioral health service agency. Treatment focuses on psychological trauma issues, alcohol and drug addiction, abuse, depression, compulsive behaviors and anxiety disorders. Program involvement and rotations are designed around training goals which vary in accord with the student's strengths and needs. Training includes workshops and seminars (post-induction therapy, survivors, habitual behaviors); clinical education (assessment, diagnosis, treatment planning, etc.); clinical practice (treatment of individuals, group, family community); and consultation (staff, referral sources, professional community).

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**Native American Connections**

4520 N. Central Ave. Suite 600

Phoenix, AZ 85012

Anna Journey

Phone: 602-254-3247

Email: [a.journey@nativeconnections.org](mailto:a.journey@nativeconnections.org)

Native American Connections serves the urban native population, special needs populations, and tribal communities from throughout the Southwest with individualized counseling and affordable housing.

Facilities are located in Phoenix. Students will have the opportunity to participate in individual, group and family counseling, case conceptualization, DSM-IV diagnosis, treatment planning, access to diverse ethnic and cultural groups, crisis counseling and psychoeducational training.

## **Psychological Counseling Services (PCS)**

7530 E. Angus Drive  
Scottsdale, AZ 85251

Website: <https://pcsintensive.com/about-us/>

Dr. Marcus Earle

Email: [drmearle@pcsearle.com](mailto:drmearle@pcsearle.com)

Since the beginning, over 45 years ago, PCS has utilized a multi-disciplinary approach to provide individuals, couples, families, and partners with mental health treatment. The current intensive model evolved in 1993 through the integration of approaches utilized by Dr. Ralph Earle and Marilyn Murray, as well as the organizational skills of Dr. Marcus Earle. Our approach is continuously evolving through the incorporation of skills and styles from highly trained, nationally-recognized mental health professionals, within and outside of our PCS team. This multidisciplinary approach coupled by psychoeducation, group, and individualized sessions is considered the top option for difficult cases and an effective recovery strategy.

Although the PCS team provides treatment for a broad range of psychological disorders and family/relational issues, the practice has developed a unique niche and international recognition in the treatment of sexual addiction for addicts and their partners. The PCS Intensive Model — Steps to Health and Wholeness – has proven to be especially effective in identifying the negative core beliefs, family of origin issues, and trauma which interfere with long-term recovery.

We attribute our effectiveness in mental health treatment to our unique, multi-disciplinary approach established by our founders and built upon by highly trained, nationally recognized mental health professionals

**Resilient Health**

Higley Integrated Healthcare Center

3271 E Queen Creek Road Suite #101, Building #2

Gilbert, AZ 85297

Joseph Grant, MC, LPC

Phone: 480-550-3193

Email: [josephgrant@azpsa.org](mailto:josephgrant@azpsa.org)

In our outpatient setting, interns will work with a wide variety of client populations and presenting issues. They will have the opportunity to provide individual, group, and couples counseling to our adult clients, as well as family and group therapy experience working with children. This site allows the development of therapy skills, as well as treatment planning, documentation, and experience working with a team in an office setting.

## **Rosewood Centers for Eating Disorders**

Rosewood Tempe  
950 W Elliot Rd. #201  
Tempe, AZ 85284

Dena Cabrera, PsyD, CEDS

Office: 928-684-9594

Cell: 602-717-8804

Email: [Dena.Cabrera@rosewoodranch.com](mailto:Dena.Cabrera@rosewoodranch.com)

Rosewood Tempe offers four distinct outpatient programs for those struggling with eating disorders and co-occurring disorders. Rosewood Tempe has a team of master-level therapists, registered dietitians, admission coordinator, and a psychiatrist. For an internship, the position would involve training, individual and group supervisions, and hands-on experience with a licensed lead clinical director and the clinical team. We serve patients diagnosed with eating disorders and co-occurring disorders of all ages and genders. Below is more information on our programs. Any intern who is interested would need to be flexible in their schedule as our IOP programs do run in the evenings between 4:00 pm – 8:30 pm. Rosewood would conduct an initial call to discuss the program with the intern. If it's a good match, a formal interview will be scheduled.

### **Rosewood Tempe Partial Hospitalization Program (Adult)**

Our Partial Hospitalization Program (PHP) is for those requiring a higher level of care in need of intensive treatment and support. Treatment in Tempe involves meal support, nutritional experientials, skills groups and therapeutic work. Individualized meal plan. Individual, group, and family therapy sessions are tailored to the needs of the client as clinically indicated. Each client is seen by a psychiatrist weekly for psychiatric services and for the treatment of co-occurring disorders.

### **Rosewood Tempe Intensive Outpatient Program (Adult and Adolescent)**

Rosewood Tempe offers a unique blend of flexible, innovative services for eating disorders and co-occurring disorders in the form of general counseling, nutrition, and psychiatric services in a safe, supportive outpatient environment. We have two IOP programs for adults: We offer a BED only IOP program. We have one IOP program for adolescents.

**Sage Counseling, Inc.**

1830 S. Alma School Rd., Suite 101  
Mesa, AZ 85210  
Phone: 480-649-3352

Carrie Pile

HR Director

Email: [pilec@sagecounseling.net](mailto:pilec@sagecounseling.net)

SAGE Counseling, which was founded in 1998, is licensed by Arizona Department of Health Services (ADHS) to provide individual, couples, family, and group counseling. Our primary focus is serving clients who are referred by the criminal justice system and Child Protective Services (CPS). We provide services in outpatient service locations throughout Arizona, in clients' homes, and in detention facilities.

SAGE's programming serves adults, juveniles, and families and includes, but is not limited to: Substance Abuse Treatment and Education; Screening/Evaluation Services; Domestic Violence Offender Treatment; Anger Management Treatment; DUI Services; Cognitive Skills/Recidivism Reduction; Motivational Enhancement; Delinquency Prevention for Juveniles; Parenting Skills; Truancy Prevention; Community Service Project Supervision; Job Skills Training; Case Management; Re-Entry Services for clients being released from incarceration; and Child Welfare Services. Our interventions utilize evidence-based practices for the specific clinical group we are treating, e.g., substance abusing criminal offenders. We employ cognitive behavioral approaches within a psychoeducational format. We use structured curricula that are designed for our target population and make use of Motivational Interviewing and the Stages of Change model.

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**S.E.E.K Arizona**

4700 E. Thomas Road, Suite 100  
Phoenix, AZ 85018  
Website: <http://www.seekarizona.org/>

Catherine E. Hallam, M.A., M.Ed., LPC-MHSP, LPCT  
NCC, CCMHC, and AutPlay Therapist  
Counseling Clinical Supervisor  
Email: [Catherine.hallam@seekarizona.org](mailto:Catherine.hallam@seekarizona.org)  
Cell Phone: 480-793-2610

We focus on child and family counseling services for the special needs population, particularly Autism Spectrum Disorder (ASD).

**Southwest Behavioral Health**

3707 North 7th St., Suite 100

Phoenix, AZ 85014

Fax: 602-265-8377

Website: <http://www.sbhservices.org/>

Abra Arlinsky

Email: [AbraA@sbhservices.org](mailto:AbraA@sbhservices.org)

Phone: 602-257-9339

SBH is pleased to offer our outpatient program for ASU Interns. We currently operate three primary, OBHL licensed outpatient sites providing office and home-based services to children, families, and adults. Services include general mental health counseling and substance abuse programs.

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**Southwest Network**

2444 E. University Dr. Suite 150

Phoenix, AZ 85034

Phone: 602-304-0014

Website: <http://www.southwestnetwork.org/ni/>

Monica McCue, LPC

Email: [monicam@southwestnetwork.org](mailto:monicam@southwestnetwork.org)

Southwest Network provides behavioral health services to the people of Maricopa County, Arizona. Since our organization was formed as a nonprofit, our purpose has been clear: create partnerships, inspire hope, and change lives. We partner with providers, members of community, and those we serve. We provide services to infants, children, adolescents and adults, partnering with them, their caregivers and families to help them overcome the obstacles they face to live their best lives possible. We take an integrated approach, caring for both the mind and body for total health and wellness.

**Terros**

1232 E. Broadway Rd, Ste. 120  
Tempe, AZ 85282  
Phone: 602-952-3440

Revena Whitaker

Email: [Revena.Whitaker@terroshealth.org](mailto:Revena.Whitaker@terroshealth.org)

Terros/Phoenix Interfaith Counseling offers high quality training to interns who are enrolled in accredited graduate schools of psychology, counseling, and social work. Our Intern Program consists of a minimum of 10 client contact hours per week in addition to 6 weekly hours of training and supervision and 3 hours of DBT Consultation Team/Staff Meetings. Our focus is primarily on teaching interns the skills necessary to do short term cognitive behavioral treatment with mental health and severely mentally ill clients. There might be the opportunity to work in our Child and Family Team Program. An intern who chooses to train at Terros/Phoenix Interfaith Counseling becomes a member of a community of therapists with a wide variety of clinical expertise. This is an intensive and demanding learning opportunity for interns who are highly motivated to acquire counseling skills, which will provide a solid foundation for their future work in the field.

Additionally, the Terros/Phoenix Interfaith Counseling Residency Program provides masters level therapists with a unique opportunity to attain certification with the Board of Behavioral Health Examiners while receiving intensive training in empirically based Dialectical Behavior Therapy, Acceptance & Commitment Therapy and short term Cognitive Behavioral Therapy. Residents will have the opportunity to lead diagnostically based CBT groups attended by mental health and seriously mentally ill clients. They may also have an opportunity to participate in our new Child and Family Team Program. We are offering training in the newly emerging treatment models which are most effective and cost efficient in this age of reduced budgets and managed care. The Residency Training Program is a full-time paid position and requires a commitment scheduling appointment on average for 27 hours/week. In addition, it includes 7 hours of training/supervision and 10 hours of direct service. Residents will receive weekly individual and group supervision by highly trained and experienced supervisors and will participate in agency-wide training opportunities. In group and individual supervision, we utilize videotaping for in-depth training in psychotherapy practice.

**Total Life Counseling**

690 E. Warner Road Suite 115

Gilbert, AZ 85296

Website: [www.totallifeAZ.com](http://www.totallifeAZ.com)

Josh Adams

Email: [Josh@TotalLifeAZ.com](mailto:Josh@TotalLifeAZ.com)

Phone: 480-444-2434

Total Life Counseling will receive an hour of individual supervision per week and hour of group supervision. The caseload for interns will consist mainly of individual counseling with some couples and an occasional family. They will also have the opportunity to co-facilitate a group if they have interest. In addition, Total Life Counseling has an Intensive Outpatient Program for adolescents and adults.

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**Valle Del Sol**

3807 N. 7th Street

Phoenix, AZ 85014

Vicky L. Edwards, LAC

Email: [VickeyE@valledelsol.com](mailto:VickeyE@valledelsol.com)

Phone: 602-258-6797 xt6490

Valle del Sol inspires positive change by investing in health and human services to strengthen families with tools and skills for self-sufficiency and by building the next generation of Latino and diverse leaders. Interns will receive training regarding individual, family, and group counseling. Valle Del Sol offers therapeutic services in English and Spanish.

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